

## IMPOSED STUPIDITY "Dumbing Us Down"

Attacking the mind and motivation of the current and next generations; everything widespread and institutionalized to keep people dumb, addicted, distracted, undereducated, and neuroinflamed, eg, failure to educate doctors about the science of Nutrition; **enforcing a boring and disconnected curriculum** that dulls curiosity and contaminates the learning experience; contaminating the public discourse by **training people to despise the public sphere in which they themselves live**; also includes intentional brain damage and neuroinflammation from social defeat stress, intentional malnutrition, contamination of food and water and air with neurotoxic pesticides, global gaslighting, harmful unnecessary quarantines of health people causing social isolation, vitamin D deficiency...

## STRATEGIC STUPIDITY Intentional underperformance Potemkin stupidity per [academia.edu/45646718](https://academia.edu/45646718)

Ideas and thinking exist in an interconnected matrix of knowledge and mental performance modulated by social expectations/permisiveness; when politicians and institutions habitually underperform they do so 1) in service of private interests, 2) to prevent progress, and 3) to contaminate the entire mental/ideation biosphere.

Intentional stupidity demonstrated by politicians always leads to imposed stupidity against their own populations because the entire populace is deprived of a clear vision and example of good leadership which thereby keeps them stupid with regard to the positive potentialities held within public office and political leadership. **Their normalization of incompetence** thereby promotes additional incompetence into the future, including in other realms, ie, **"oversimplification contamination"**

## EXPECTED UNDERPERFORMANCE or IMPOSED IGNORANCE/INDIFFERENCE

### "Novice"? or "Dumbed/Damaged"?

Innocently underperforming (?) or intentionally damaged (?) students who lack the skills, background, and intellectual infrastructure to advance quickly; intentionally mislead citizens who are taught that anything for the public realm is communism so that they will always vote against their own interests and needs (eg, infrastructure) while embracing consumerism-hypercapitalism and privatization-deregulation-neoliberalism as "freedom-independence"

### MINIMAL PERFORMANCE

### "cozy semicompetence" "seductive simplicity" or exit to competence and advancement

Minimal performance that barely sustains itself and does not support expansion, growth, generosity, or the next generation; **people here have to decide to advance or remain at a low-level of performance**; cozy incompetence and seductive simplicity are dogwhistles/code for an associated mindset/lifestyle that serves unspoken but obvious goals, eg, laziness, avoidance of adulthood

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## DYSFUNCTIONAL STUPIDITY, HABITUAL UNDERPERFORMANCE

The outward appearance of stupidity and underperformance of political people/organizations must always be supported by an organizational acceptance of that underperformance which keeps the incompetent person in their position of power/comfort. Incompetent politicians serve a covert power structure more powerful than the facade of democracy and voting, and this explains why we in the US and UK commonly have "appointed leaders" who are undirected babbling idiots with no leadership abilities; **their only appeal is in their cozy incompetence, dogwhistles/code/racism and oversimplification of complexity** which leaves society/us vulnerable to more complex and strategic/profitteering/fascistic problems. **The idiocy/incompetence/dementia of appointed politicians (eg, Biden, Trump, Boris Johnson) is disarming, thereby provoking pity, confusion, patience, and paralysis rather than anger and action.**

## UNCONSCIOUS ("unskilled and unaware", arrogant, remorseless, unteachable) INCOMPETENCE = "Dunning-Kruger effect" or "Dunning-Kruger syndrome"

Nearly all of what I discuss above is \*intentional\* stupidity or underperformance by people who are "mostly normal" and of normal-range intelligence; indeed, some sociopathic manipulators may actually be of higher-than-average intelligence at least in their field of specialty and with their instinctive/charismatic ability to entrap other people. However, some people demonstrate \*unintentional\* incompetence coupled with an inability to learn from their mistakes and from additional training/education; these people are commonly referred to as having Dunning-Kruger Syndrome (or demonstrating the Dunning-Kruger effect) per the classic 1999 publication by Kruger and Dunning, "Unskilled and unaware of it: How difficulties in recognizing one's own incompetence lead to inflated self-assessments" in *Journal of Personality and Social Psychology* which showed that some people are "too stupid to know how stupid they are" and that they actually become more incompetent with additional education because their ego defenses block them from integrating new information and trap them in cycles of defending their previous positions and actions.

## PURSUIT OF ADVANCEMENT, ACHIEVEMENT OF EXCELLENCE The decision to exit the cycle of incompetence and underperformance must be conscious/intentional, structured, regimented, internally maintained, externally sustained.

"Excellence is an art won by training and habituation; we are what we repeatedly do" (attributed to Aristotle). High standards of self-conduct, discipline, learning, self-care, mutual respect for others and boundaries, community engagement, social generosity, acceptance of feedback. Strict avoidance of self-deception, gaslighting, abuse. Must include Six Pillars of Self-Esteem per Nathaniel Branden: Living Consciously, Self-Acceptance, Self-Responsibility, Self-Assertiveness, Purposefulness, Integrity